

# Food Zone

## March 2019 Breakfast Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Includes 3 to 5 points One point must be a Fruit or a Juice				<b>1</b> Banana Chocolate Bar Pop tart & Cheese Stick Cereal – 3 kinds Bars – 2 kinds Banana Orange Wedges Raisins Juice
<b>4</b> Choc Chip French Toast Yogurt & Cereal Bar Cereal – 3 kinds Bars – 2 kinds Fresh Fruit Orange Wedges Raisins Juice	<b>5</b> Breakfast Pizza Choc Muffin Cereal – 3 kinds Bars – 2 kinds Orange Wedges Raisins Juice	<b>6</b> French Toast Sausage on Biscuit Cereal – 3 kinds Bars – 2 kinds Fresh Fruit Orange Wedges Raisins Juice	<b>7</b> Breakfast Pizza Pop tart & Cheese Stick Cereal – 3 kinds Bars – 2 kinds Orange Wedges Raisins Juice	<b>8</b> Cherry Frudel Nutri Grain & Sausage Cereal – 3 kinds Bars – 2 kinds Banana Orange Wedges Raisins Juice
<b>11</b> Raspberry Yogurt & Gripz Cinnamon Bun Cereal – 3 kinds Bars – 2 kinds Fresh Fruit Orange Wedges Raisins Juice	<b>12</b> Breakfast Pizza Choc Muffin Cereal – 3 kinds Bars – 2 kinds Orange Wedges Cranraisins Juice	<b>13</b> Chicken on Biscuit Cereal – 3 kinds Bars – 2 kinds Fresh Fruit Raisins Juice	<b>14</b> Pancake Wrap Yogurt & Gripz Cereal – 3 kinds Bars – 2 kinds Orange Wedges Cranraisins Juice	<b>15</b> <b>NO SCHOOL</b> <b>RECORDS DAY</b>
<b>18</b> BB Pancakes Yogurt & Cereal Bar Cereal – 3 kinds Bars – 2 kinds Fresh Fruit Orange Wedges Raisins Juice	<b>19</b> Breakfast Pizza Choc Muffin Cereal – 3 kinds Bars – 2 kinds Orange Wedges Raisins Juice	<b>20</b> French Toast Sausage on Biscuit Cereal – 3 kinds Bars – 2 kinds Fresh Fruit Orange Wedges Raisins Juice	<b>21</b> Breakfast Pizza Pop tart & Cheese Stick Cereal – 3 kinds Bars – 2 kinds Orange Wedges Raisins Juice	<b>22</b> Cherry Frudel Nutri Grain & Sausage Cereal – 3 kinds Bars – 2 kinds Fresh Fruit Orange Wedges Raisins Juice
<b>25</b> Raspberry Yogurt & Gripz Cinnamon Bun Cereal – 3 kinds Bars – 2 kinds Fresh Fruit Orange Wedges Raisins Juice	<b>26</b> Breakfast Pizza Choc Muffin Cereal – 3 kinds Bars – 2 kinds Orange Wedges Cranraisins Juice	<b>27</b> Chicken on Biscuit Cereal – 3 kinds Bars – 2 kinds Fresh Fruit Raisins Juice	<b>28</b> Pancake Wrap Yogurt & Gripz Cereal – 3 kinds Bars – 2 kinds Orange Wedges Cranraisins Juice	<b>29</b> Banana Chocolate Bar Pop tart & Cheese Stick Cereal – 3 kinds Bars – 2 kinds Banana Raisins Juice

### Menu Subject to Change

Please discuss any food allergy issues concerning your child with Kimmy O'Donnell 740-423-3010 Ext 406  
Applications for Free or Reduced school meals found on the school food service web page.  
Breakfast Includes One Cup of Fruit or a Juice and Up to Two Grains and a variety of Fluid Milk.

This institution is an equal opportunity provider

